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# Heavy metals in sediments of subarctic meromictic lakes of the White Sea as possible tracers of environmental changes

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Abstract: Meromictic lakes of the marine coast, quite widely distributed in the northern hemisphere, are the result of climate changes and glacier retreat. Bottom sediments serve as a geological chronicle of the history of marine basin development, with geochemical occurrence forms of elements reflecting various processes of their accumulation. This paper presents research results concerning the occurrence forms of heavy metals in lake sediments along the White Sea coast. These results are based on a sequential 7-step leaching procedure, followed by ICP-MS analysis and subsequent statistical data processing. Pearson's correlation analysis and Ward's cluster analysis were utilized to quantify differences among the examined geochemical parameters. Total contents of Cr, Mn, Fe, Co, Ni, Zn, V, and Pb in the sediments did not exhibit significant differences based on their degree of isolation from the sea. At the same time, the elevation of mobile forms for all the studied metals corresponds to an increase in the isolation of lakes from the White Sea. In the meromictic lake sediments, concentrations of Cu, Mo, and U demonstrated significant increases in forms tightly bound to organic matter, whereas Cd exhibited an association with Fe-Mn oxyhydroxides. Notably, a substantial distinction in the occurrence forms of Cu, Cd, Mo, and U was evident in the sediments of meromictic lakes when compared to those of open sea bays. The meromictic lakes along the White Sea coast, positioned at various stages of isolation, hold promise for investigating the migration of metals under changing environmental conditions.

**Keywords:** White Sea, meromictic lakes, heavy metals, bottom sediments, occurrence forms, environmental changes

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## 1. Introduction

The contemporary catchment area of the White Sea, situated at the eastern edge of Fennoscandia, undergoes an ongoing glacial-isostatic uplift that ensued after the retreat of the ice sheet during the late Pleistocene [1]. Various estimates suggest that the rate of uplift for the Fennoscandian territory ranges from 2 to 3 up to 6 to 7 mm per year [2,3].

In the context of historical timescales, when considering rates of uplift in coastal zones, coastal bays undergo a transformation into enclosed lakes. These lakes constitute former segments of the marine basin that became isolated from the open sea due to isostatic uplift of the coastline. The increasing isolation of these water bodies from the sea gives rise to alterations in temperature, salinity, pH, and redox potential (Eh) within the sediments [4,5]. The desalination of surface waters in lakes separated from the sea leads to the development of meromixis. This phenomenon entails a vertical stratification of the water mass based on physicochemical parameters. In the lower layers of the water column, remnants of seawater persist, creating anaerobic environmental conditions. Fur-

thermore, the process of sulfate reduction becomes particularly active in these layers, fostering the development of anaerobic conditions. This leads to the establishment of a sustained, long-term vertical stratification in the water mass according to its physicochemical properties, promoting the ongoing process of sulfate reduction in the anaerobic environment of the lower water layers.

Environmental changes that occur when a reservoir becomes isolated from the sea are manifested in the characteristics of bottom sediments, which can function as a natural recorder of processes unfolding across the entire aquatic ecosystem [6]. Certain heavy metals, including Fe, Mn, Mo, and U, are responsive to alterations in environmental conditions [7-9]. Notably, an essential aspect influencing the behavior of metals under anoxic conditions is their co-precipitation with sulfides [10].

It is established that modifications in the sedimentation environment are mirrored in the distribution of geochemical fractions (forms of occurrence) of metals within bottom sediments. These fractions are associated with diverse mobile and inert sediment components, such as Fe and Mn oxyhydroxides, carbonates, organic matter, sulfides, clay, and clastic minerals [11].

In a prior study, our investigations revealed an increase in the content of Hg, Cu, Mo, Cd, and U in anoxic sediments from meromictic lakes along the White Sea coastline compared to the aerated sediments of sea bays [12]. Within that study, a discernible correlation between the distribution of total metal contents and total sulfur and organic carbon was observed. However, the precise significance of geochemical carriers in the processes of sediment deposition of heavy metals remained somewhat unclear. This study aimed to assess the impact of environmental changes on the geochemical behavior of twelve heavy metals (Cu, Cd, Co, Cr, Fe, Mn, Mo, Ni, Pb, U, V, and Zn) in bottom sediments from various lakes at distinct stages of separation from the White Sea coast. To achieve this objective, the study addressed the following tasks: (1) quantification of the partitioning of these metals among seven co-existing geochemical phases (exchangeable ions, carbonates, Fe-Mn oxyhydroxides, weakly bound organic matter, strongly bound organic matter, sulfides, residual mineral matrix) using a sequential extraction procedure; (2) identification of the main distribution characteristics of these metals in bottom sediments across areas characterized by differing environmental conditions; and (3) evaluation of discrepancies in the distribution patterns of heavy metals within the examined lakes.

#### 2. Materials and Methods

## 2.1. Study area

The lakes under investigation are situated along the Karelian coast of the Kandalaksha Bay in the White Sea, adjacent to the White Sea Biological Station of Moscow State University (Fig. 1; coordinates provided in Table 1).

The study area's location within the Arctic Circle dictates its humid subarctic climate, influenced by the tempering effect of Atlantic cyclones and frequent incursions of air masses from the Arctic [13]. The foundation of the Kandalaksha Bay's seabed is composed of Archean rocks from the White Sea block of the Baltic Shield [14; 15]. In regions like the Kindo Peninsula, Zeleny Peninsula, and Velikiy Island – where the lakes of interest are found – the geological formations consist of amphibole and plagioclase crystalline schists, along with biotite plagiogneys [16]. These rock complexes from the Baltic Shield also contribute significantly to the mineral composition of the surface bottom sediments of the White Sea, resulting in a generally homogeneous composition [17]. Quartz and feldspars dominate the mineral composition of the Kandalaksha Bay sediments, constituting at least 90%. Notable minerals in the heavy subfraction include amphiboles (predominantly hornblende), garnet, epidote, and clinopyroxene. Carbonate minerals represent a minority, making up no more than 2% of the overall mineral composition of the sediments [17].

1. Kislo-Sladkoe Lake

3. Lagoon of the Cape Zeleny

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2. Trekhtzvetnoe Lake

The seabed of the Kandalaksha Bay features a block structure with an intricate network of faults of varying orders and orientations, resulting in a complex shoreline configuration characterized by numerous rugged bays and small rocky islands (skerries) that expose the bedrock [18]. The contemporary topography of the Karelian coast of the White Sea bears the imprint of Quaternary glaciations, evident in a variety of glacial landforms including moraine ridges and lake basins [19]. Isostatic uplift, initiated after the retreat of the last Late Pleistocene glaciation and ongoing to the present day, continues to shape the relief of the Karelian coast [1]. Within the study area of the Kandalaksha Bay, the coastal zone's uplift rate is estimated to be approximately 3 mm per year [20]. This phenomenon has led to the formation of relict lakes along the coastline that were formerly sea bays.

The Kindo Peninsula and its surroundings experience relatively cold climatic conditions, and the presence of nutrient-depleted acidic crystalline rocks contributes to the low productivity of terrestrial ecosystems [21]. In terms of biogenic components (P-PO4-, 0-56 μg/L; N-NH4+, 0-20 μg/L; Si, 0.02-2 mg/L), the upper layer of the water column (myxolimnion) in the studied lakes (Cape Zeleny lagoon, Kislo-Sladkoe, Trekhtzvetnoe Lake) can be classified as oligotrophic [22]. However, productivity experiences a sharp increase in the chemocline zone due to the proliferation of unicellular phototrophs, while in the anoxic zone, a substantial growth of nutrients was observed.





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 Table 1. Lithological and geochemical properties of White Sea meromictic lake sediments.

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Sites	Positions	Sediment description	Depth,	Sand, %	Silt, %	Pelite, %	Moisture, %	рН	Eh <sub>bw</sub> 1,	Eh <sub>sed</sub> <sup>2</sup> , mV	TOC, %	TIC, %	Stot, %
		Trekh	ntzvetnoe	Lake (III s	stage of s	separation	1 <sup>3</sup> )						
T-1	N66.59325000 E32.97688333	Watered light beige pelite mud with inclusions of dark green and black interlayers with macrophyte filaments	1.3	1.3	5.8	92.9	86.0	6,78	+120	-108	8.5	2.50	0.55
T-2	N66.59275000 E32.97800000	Watered black pelitic mud with light black spots, strong H2S smell	3.5	0	1.4	98.6	83.2	7,26	-342	-406	8.7	0.90	1.11
T-3	N66.59242000 E32.97807000	Watered black pelitic mud with light black spots, strong H <sub>2</sub> S smell	6.0	0	1.1	98.9	83.1	7,17	-392	-390	10.6	3.20	1.65
		Kislo	o-Sladkoe	Lake (II s	tage of s	eparation	ı)						
KS-1	N66.54903333 E33.13398333	Green-brown silty pelitic mud	0.4	4.6	8.0	87.4	86.0	6,84	+102	-116	7.4	4.1	0.57
KS-2	N66.54823333 E33.13720000	Dark green-brown silty pelitic mud with admixture of coarse sand	0.3	10.1	2.4	85.3	56.4	6,81	+138	-78	3.2	5.2	0.58
KS-3	N66.54775000 E33.13548333	Gray-bluish silty sand	0.2	59.2	27.3	13.3	37.9	6,90	+139	-307	0.7	0.7	0.12

VC 4	N66.54850000	Dark green-brown silty pelitic mud with	2	11.0	22.2	64.4	4 (5.0	( 47	L70	260	2.6	1.2	0.21
KS-4	E33.13461667	admixture of coarse sand	2	11.0	22.3	64.4	65.9	6,47	+70	-260	3.6	1.2	0.31
I/C F	N66.54850000	Constitution of the multiple and	2.5		1	1	1	( 00	1.60	226	2.2	1.6	0.20
KS-5	E33.13486667	Green-biege silty pelitic mud	2.5	n.d. <sup>4</sup>	n.d.	n.d.	n.d.	6,88	+60	-326	3.3		0.30
KS-6	N66.54840000	Black pelitic mud with thin dark brown	3.7	n.d.	n.d.	n.d.	n.d.	6,95	-99	-405	9.8	8.1	1.17
K5-0	E33.13530000	inter layer, H2S smell	3.7	n.a.	n.a.	n.a.	n.a.	6,95	-99	-405	9.8	8.1	1.17
		Bol'shie	Khruslom	eny Lake	(II stage	of separa	tion)						
	N66.71798333	Beige-green silty pelitic mud with											
BK-1	E32.85085000	admixture of fine sand with black spots	0.9	9.1	11.1	79.8	64.3	7,19	+90	-360	6.1	2.8	0.53
	E32.03003000	and H <sub>2</sub> S smell											
BK -2	N66.71771667	Dark green pelitic mud with black spots	3.2	2.4	0.9	96.6	86.3	7,31	+270	-370	23.3	0	1.48
DIX -Z	E32.85240000	and H <sub>2</sub> S smell	5.2	2.4	0.7	70.0	00.5	7,01	1270	-570	25.5	U	1.40
	N66.71683333	Light black pelitic mud with dark green											
BK-3	E32.85701667	inclusions, jellylike texture, with strong	12.54	0.7	1.0	98.3	93.8	7,39	-360	-396	14.6	3.8	1.91
L32.03701007		H <sub>2</sub> S smell											
	Lagoon on the Cape Zeleny (II stage of separation)												
ZC-1	N66.53161667	Dark gray poorly sorted silty sand with	0.3	31.8	6.6	60.2	34.7	7,09	+126	-271	1.0	1.0	0
	E33.09598333	mud	0.5	01.0	0.0	00.2	01.7	7,05	. 120	27 1	1.0	1.0	
ZC-2	N66.52971667	Gray poorly sorted silty sand with mud	0.2	27.5	10.1	61.6	42.5	6,68	+88	-320	0.7	0.9	0
202	E33.09370000	Gray poorly sorted sirty said with mad	0.2	27.5	10.1	01.0	42.5	0,00	100	320	0.7	0.7	0
ZC-3	N66.52968333	Gray poorly sorted silty sand	0.3	38	31.9	29.4	69.0	6,9	+110	-221	1.4	1.2	0.13
ZC-5	E33.09591667	Gray poorly sorted sirty said	0.5	30	51.7	27.4	07.0	0,7	1110	-221	1,4	1,2	0.13
ZC-4	N66.53060000	Beige green silty pelitic mud with fine	3.0	27.2	15.0	56.9	62.6	7,04	+155	-84	3.8	2.0	0.38
204	E33.95166667	sand	0.0	27.2	10.0	50.7	02.0	7,01	, 100	0-1	5.0	2.0	0.00
ZC-5	N66.53022000	Light black pelitic mud, H2S smell	6.2	2.9	3.9	93.2	91.2	6,98	-333	-368	8.6	4.0	1.06
	E33.09466667	Light black pentic maa, 1125 shen	0.2	2.7	0.7	70.2	71.2	0,70	-555	-500	0.0	<b>1.</b> 0	1.00
		Lo	banikha l	Bay (I stag	ge of sep	aration)		T	T	1			
BL-1	N66.55615000	Green-beige coarse- and	0.1	57.5	25.1	16.5	21.4	6,81	+151	+36	0.2	0.2	0

	E33.23388333	medium-grained silty sand with shell debris and H <sub>2</sub> S smell											
BL-3	N66.55477000 E33.24561667	Light beige silty pelitic mud with admixture of sand	2.5	24.3	33.3	42.4	48.8	6,91	+181	-25	1.8	0.7	0.09
BL-4	N66.55663333 E33.23578333	Light brown silty-pelitic mud with an admixture of fine sand with inclusions of black lenses and H <sub>2</sub> S smell	9.5	9.0	13.8	77.2	65.7	6,81	-30	-305	4.6	2.1	0.37
	Biofilters Bay (I stage of separation)												
ВВ	N66.54066667 E33.16496667	Beige green silty sand with grey inclusions	0.3	61.0	7.8	17.5	10.1	7,12	+85	-237	0.02	0.3	0
	Kislaya Bay (I stage of separation)												
КВ	N66.53661666 E33.09300000	Fine-grained beige green sand with admixture of silty-pelitic fraction, black inclusions and shell debris	0.2	69.4	19.3	10.7	21.0	6,91	+92	+96	0.2	0.1	0

<sup>1</sup>Ehbw – redox potential of bottom waters

<sup>2</sup>Ehsed – redox potential of sediments

<sup>3</sup>Stage of water body separation: I – Scoop-like marine bay with full tides; II – Coastal semi-isolated euxinic meromictic lake; III – Completely separated euxinic meromictic lake with fresh epilimnion

<sup>4</sup>n.d. – not data

Bold is marked an anaerobic sites with Eh <0 in bottom waters



The process of lakes detaching from the sea can be delineated into distinct stages, each marked by specific threshold heights relative to sea level and a decline in the influx of seawater into the lake [23]. Along the Karelian coast of the Kandalaksha Bay, the separation of threshold sea bays from the sea occurs due to underwater thresholds, which complicate water exchange in the lower layers and can lead to euxinic conditions (Stage I). During this stage, the typical fluctuation range of sea tides (approximately 2 m) for the Kandalaksha Bay of the White Sea remains operative. The first separation stage encompasses Kislaya Bay (without bottom anoxia), Lobaniha Bay (periodically experiencing bottom anoxia), and Biofilters Bay (persistently under sulfide anoxia). Moving to the second stage, a lagoon forms with restricted interaction with the sea. If the threshold elevates above low water levels but has yet to reach the point of full water level, tidal fluctuations' amplitude reduces, and tides become asymmetrical (short high tide and extended low tide), as observed in the Lagoon on Cape Zeleny and Bol'shie Khruslomeny Lake. When the threshold surpasses maximum water levels (full water), the daily influx of tidal waves into the lake ceases. However, for a period, seawater can still enter due to intense wind surges or sigisian tides (Lake Kislo-Sladkoe). Stage III signifies the cessation of seawater inflow, leading to the lake's surface layer becoming fresh, while relict seawater lingers in the lake's depths, resulting in the formation of a meromictic lake. In such lakes, seawater inflow might only occur sporadically, coinciding with sigisian tides and powerful storm surges (Lake Trekhtzvetnoe). Finally, at stage IV, desalination extends to the bottom layer, rendering the lake fully fresh. It should be noted that lakes at this stage are not within the scope of this study.

Trekhtzvetnoe Lake, with an area of approximately 32,500 m2 and a maximum depth of about 7.5 m, is a representative meromictic lake fully detached from the sea [4,24]. Its three-layer water column comprises an upper freshwater layer, a lower saline sulfide layer, and an intermediate gradient layer that functions as both a halocline and a redox boundary, collectively forming a chemocline [25]. An exceptional feature of this meromictic lake is the substantial concentration of hydrogen sulfide (H<sub>2</sub>S) in its lower waters, reaching levels of 500–680 mg/l, surpassing the concentrations observed in many analogous anaerobic reservoirs [26].

Lake Kislo-Sladkoe, spanning an area of approximately 12,600 m2 with a maximum depth of roughly 4 m, is separated from the White Sea by a wide rocky sill [24,27]. Unlike Trekhtzvetnoe Lake, seawater enters Lake Kislo-Sladkoe during spring tides and strong wind surges, while freshwater runoff remains negligible. Consequently, surface waters with low salinity are established, reaching minimum values (6-7 PSU) after snow and ice melting, and peaking during winter (20-25 PSU). Waters below a depth of 2 m exhibit salinity levels approximately equivalent to or higher than those in the sea (24 PSU), a result of salt crystallization during winter freezing [28]. The maximum recorded H<sub>2</sub>S concentration in this lake was 20 mg/L [26].

Lake Bol'shie Khruslomeny, with a maximum depth of approximately 18 m, is the largest known lake detached from the Kandalaksha Gulf [29]. Unlike other lakes under study, Lake Bol'shie Khruslomeny was artificially separated from the sea. Over 130 years ago, in response to the freshwater needs of the village of Lesozavodsky, a stone embankment was constructed across a narrow strait that reached deep into the land from the nearest sea bay. This alteration aimed to supply fresh water to the village. Despite this intervention, seawater persisted within the reservoir, preventing complete desalination of the lake. As a consequence, a desalinated surface layer (approximately 4-7 PSU) formed, while the lower waters retained a salinity comparable to that of the sea (about 24 PSU) [30]. Consequently, a meromictic structure emerged in this lake. Beneath the halocline, situated at a depth of 2-3 m, a sulfide water mass developed around 4-4.5 m deep [29].

The Lagoon on Cape Zeleny is connected to the sea through a rocky isthmus, enabling seawater to enter during each tidal cycle. Its surface area is 20000 m2, and it has a maximum depth of 6.5 m [4; 24]. The amplitude of tidal water fluctuations in the lagoon is estimated at 10-15 cm. Anoxic conditions solely manifest in the near-bottom water layer (beyond 5 m depth) of the lagoon. The highest recorded  $H_2S$  content in the lagoon was 120-160 mg/L, and the bottom waters experienced a salinity of 29 PSU due to salt crystallization during winter freezing [26].

Lobanikha, a scoop-like bay located on Velikiy Island, features a depth of 13.5 m at low tide and maintains a continuous connection to the sea through a narrow shallow strait. This bay sporadically develops an anoxic zone, with a maximum H<sub>2</sub>S content of 0.61 mg/L, as first documented in the summer of 2020 [31]. Biofilters Bay is a small scoop-type bay with maximum depths ranging from 14 to 16 m (depending on tidal phase), permanently linked to the sea. However, the bottom sill at the bay entrance hampers efficient mixing of the bottom waters. Consequently, oxygen-depleted conditions prevail below 8-9.5 m depth, with a maximum H<sub>2</sub>S concentration of 25 mg/L [31]. The apex part of Kislaya Bay also possesses a scoop-like configuration. Unlike other studied sea bays, the water column in this area remains unstratified, and euxinic conditions have not yet been observed. All three bays share salinity levels of approximately 24-25 PSU [31].

# 2.2. Sampling

Samples of the surface layer (0–5 cm) from the bottom sediments were collected in September 2020 using the Ekman bottom grab. The sampling procedure encompassed a range from the water's edge to the deep-water area. At each sampling site, the pH and redox potential (Eh) of both the bottom water and sediments were measured employing the Anion 7050 portable ionomer from the Russian Federation. In total, 23 sediment samples were meticulously gathered. A comprehensive depiction of each sample site and various sediment characteristics for each station are comprehensively presented in Table 1.

# 2.3. Sample preparation

When investigating the occurrence forms of metals in sediments, especially the reduced forms, it becomes crucial to employ appropriate methods for primary sample preparation. The drying process of reduced sediments in the presence of oxygen can adversely affect the occurrence forms of metals [32]. Of particular concern is air drying at room temperature and oven drying [33]. In this study, immediately after sampling, sediments were carefully placed in hermetic plastic zip-bags and then stored in a portable cooler-bag for transport to the stationary laboratory. Upon arrival, the sediment samples were stored in a refrigerator at a temperature of minus 18°C. In the stationary laboratory, the sediments underwent the freeze-drying method for desiccation. Subsequently, the dried samples were finely ground using an agate mortar to achieve a powdered state.

# 2.4. Analytical procedures

The grain-size composition of the wet sediments was determined using the water-mechanical analysis method [34]. The determination of total carbon (TC), total organic carbon (TOC), and total sulfur (Stot) was performed using a EuroEA300 CHNS-O analyzer (EuroVektor SPA, Italy) at the analytical laboratory of the Shirshov Institute of Oceanology RAS. The calculation of total inorganic carbon (TIC) was achieved by subtracting TOC from TC. To analyze the occurrence forms of metals in sediments, a sequential leaching method was employed based on two schemes proposed by [35,36]. The first scheme facilitated the differentiation of easily adsorbed compounds (exchangeable ions held by weak electrostatic bonds) from carbonates and other specifically adsorbed metals. Meanwhile, the second scheme allowed the separation of elements bound to organic matter from those associated with sulfides. The latter differentiation is crucial when studying highly reduced sediments. Since the reagent used to extract Fe and Mn oxyhydroxides was consistent across both schemes, the more readily leachable forms (exchangeable ions and carbonates) were extracted following the scheme proposed by [35], followed by the extraction of more stable compounds according to the scheme proposed by [36].

A depiction of the ultimate sequential chemical extraction scheme is provided in Table 2. A total of seven distinct occurrence forms of metals were identified: ion ex-

changeable (F-1), carbonates (F-2), iron and manganese oxy-hydroxides (F-3), weakly bonded to organic matter (F-4) (including fulvic acids and other labile organic compounds), strongly bonded to organic matter (F-5) (encompassing humic acids and other stable organic compounds), sulfides (F-6), and residual (F-7) (resulting from complete acid digestion).

Table 2 Description of the sequential extraction procedure.

Form	Reagent	<b>Extraction conditions</b>	Source
F-1	1 M NaOAc	1 h at room temperature	[21]
(Exchangeable)		under stirring; pH 8.2	
F-2	1 M CH3CO2Na	24 h at room temperature	[21]
(Carbonates)		under stirring; pH 5	
F-3	1 M NH2OH · HCl +	24 h at room temperature	[21; 22]
(Fe/Mn	25% CH3CO2H	under stirring; pH 2	
oxyhydroxides)			
F-4	0.1 M HCl	24 h at room temperature	[22]
(Weakly bound		under stirring; pH 1	
to OM)			
F-5	0,5 M NaOH	24 h at room temperature	[22]
(Strongly bound		under stirring; then the	
to OM)		solutions dried by an IR lamp	
		at 60 °C and digested	
		by using 4 ml of HNO <sub>3</sub> (65%)	
		and 2 ml HF	
		(40%) at 115 °C during 30	
		minutes	
F-6	8 M HNO <sub>3</sub>	3 h at 85 °C under stirring	[22]
(Sulfides)			
F-7	HNO3 conc. + HCl	microwave oven	[23]
(Residual)	conc. + HF conc.		

The initial two fractions are regarded as the most labile and bioavailable, while forms F-3, F-4, F-5, and F-6 exhibit lower mobility but possess the potential for mobilization under varying environmental circumstances [38]. Form F-7, referred to as the residual, encompasses metals immobilized within mineral crystal lattices, rendering them geochemically inert. Following each leaching step, solution and solid phases unaffected by reagents were separated using centrifugation (3500 rpm) for 30 minutes. Subsequently, the solution was decanted and filtered through syringe filter nozzles (SEP, 0.45 µm). The remaining residue was rinsed with 5 mL of deionized water, with the washings combined into the final solution, which was then diluted to 50 mL using 3% nitric acid.

To assess the efficacy of the sequential extraction procedure, the total metal content was compared with the cumulative content of its various forms (Table S1). Favorable recoveries (ranging between 80-120%) were achieved for V, Fe, Co, Ni, Pb, and U at most sites. Approximately half of the sites exhibited satisfactory recoveries for Cr, Cu, and Mo. However, the total Mn content was often underestimated in comparison to the sum of its forms. In the cases of Cu and Cd, the combined forms were lower compared to the total content across most stations.

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For the determination of total metal content in sediment samples (100 mg dry weight), a conventional technique involving complete digestion was employed. This digestion employed a mixture of 1.5 mL of fluoric and nitric acids (in a 5:1 volume ratio) within an MWS Speed Wave microwave system (Berghof Products, Germany). Detailed information on this procedure can be found in previous works [12]. Ultra high-grade HNO3, as well as HF and HCl double distilled using a Berghof BSB-939-IR acid purification system (Berghof Products, Germany), were utilized. Upon digestion completion, vials were subjected to triple evaporation at 70°C, supplemented with 1 mL of HCl to dissolve fluorides formed during HF decomposition. In cases involving samples with substantial organic matter content, perchloric acid was incorporated into the mixture of HNO3 and HCl for digestion. This same acid combination was applied for the blank analysis of such samples.

## 2.5. Statistical Data Processing

Statistical data processing employed the Statistica 10.0 software. Prior to analysis, data underwent preliminary assessment for normal distribution using the Kolmogorov-Smirnov test (K-S test), which was corrected through the Lilliefors test and the Shapiro-Wilk (W test). Samples not conforming to a normal distribution were subjected to a logarithmic transformation.

Pearson's correlation analysis (at p < 0.01) and Ward's cluster analysis with the measurement of the distance between clusters (using 1- Pearson r) were employed to evaluate relationships between total metal content, occurrence forms of metals, as well as TOC, TIC, and Stot.

For grouping the studied sites based on the similarity of metal distribution (total content and occurrence forms of metals) in bottom sediments, a cluster analysis according to the Ward method was conducted, employing the Euclidean distance between clusters. Subsequently, differences in metal form content within sediments across different groups of stations in water reservoirs were assessed using the nonparametric Kruskal-Wallis test (Kruskal-Wallis ANOVA) based on the identified clusters.

## 3. Results

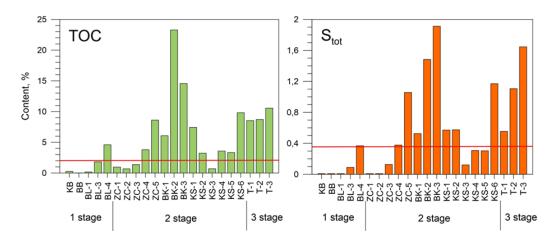
#### 3.1. Lithological and geochemical chatracyteristics of sediments

Some lithological and geochemical properties of meromictic lakes sediments of the White Sea coast are presented in Table 1.

The examined sediments were characterized by a strong variability in the grain-size composition, depending on the depth of the sampling site. The sediments in the shallow part (depth of 0.1-0.3 m) of the Kislaya, Biofilters and Lobanikha bays (Sts. KB, BB, BL-1) were composed of beige-green fine sand (~60-70% of the sand fraction). The sediments in the shallow sites (0.2-0.3 m depth) of the lagoon on the Cape Zeleny (ZC-1, ZC-2, ZC-3) and at one site in Kislo-Sladkoe Lake (KS-3) were represented by silty sand of grey colour. According to the grain-size analysis, the proportion of sand decreases to 27-59% at these stations. An increase in the pelitic fraction of the sediment is observed with increasing station depth. In the intermediate depth areas (0.9-3 m) in Lobanikha Bay (St. BL-3), lagoon on the Cape Zeleny (St. ZC-4) and Bol'shie Khruslomeny Lake (St. BK-1), beige green silty pelitic mud was formed. The predominant grain-size fraction in these sediments was pelite (42-80 %). Silty pelitic mud of a green-brown colour was also found at most sites in Kislo-Sladkoe Lake (KS-1, KS-2, KS-4, KS-5). Pelitic mud of black colour with an H<sub>2</sub>S smell was revealed in the sediments of the deep-water sites of the lagoon on the Cape Zeleny (ZC-5), Bol'shie Khruslomeny Lake (BK-3), and Kislo-Sladkoe Lake (KS-6). The sediments with such features were exposed in all three sites (T-1, T-2, T-3) of Trekhtzvetnoe Lake, and also at site BK-2 with shallower depths (3.2 m) of Bol'shie Khruslomeny Lake. Over 93% of these sediments comprised pelite. Sediments with a

smell of  $H_2S$  were found at the deep-water site (BL-4) in Lobanikha Bay. However, the pelite content of these sediments was reduced to 77%.

There was negligible variation in sediment pH between the lakes sites studied. Sediments with weakly acid medium (pH 6.47-6.98) were the most common. Weakly alkaline medium (pH 7.12-7.39) was found in sediments of Trekhtzvetnoe (Sts. T-2, T-3), Bolshiye Khruslomeny (all sites) lakes and Biofilter Bay. In most samples, the Eh values varied in the range of negative values: from –10 to –406 mV, except for the shallow sites in the Bay Lobanikha (BL-1) and Kislay Bay (KB), where Eh reached slightly positive values of +36 and +96 mV, respectively. At the same time, euxinic conditions (Eh < 0) developed also in the bottom water layers (hereinafter referred to as anaerobic sites) in the deep-water part of Trekhtzvetnoe (Sts. T-2, T-3), Kislo-Sladkoe (St. KS-6), Bol'shie Khruslomeny (St. BK-3) lakes, lagoon on the Cape Zeleny (St. ZC-5), and Lobanikha Bay (St. BL-4). The content of organic carbon in the sediments increased with increasing isolation of the lakes from the sea. The highest TOC content was detected in the meromictic lakes Trekhtzvetnoe (8.5–10.6%) and Bol'shie Khruslomeny (6.1–23.3%) (Fig. 2).



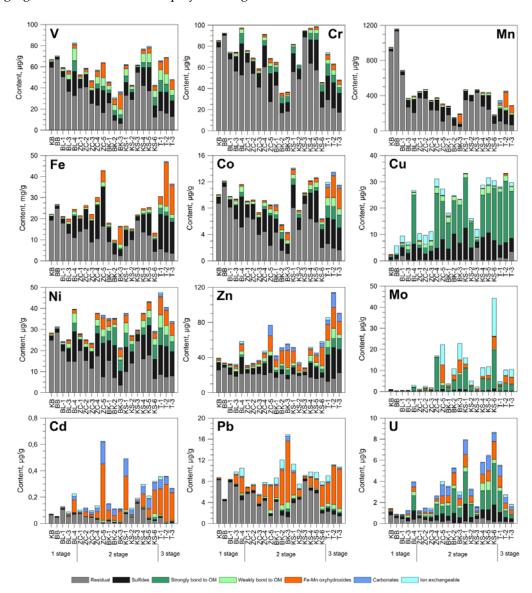
**Figure 2.** The total organic carbon (%) and total sulfur (%) distribution in the bottom sediments of meromictic lakes of the White Sea coast. The red lines indicate the maximum content of TOC (2%) and  $S_{tot}$  (0.366%) in offshore area sediments of the White Sea according to [39, 40].

Besides, rather high TOC content were found in the anaerobic sites KS-6 in the Kislo-Sladkoe Lake (9.8% TOC), and ZC-5 in the lagoon on the Cape Zeleny (8.6% TOC), while in the sediment of the anaerobic sites of the Lobanikha bay the content of TOC was much lower (4.6%). In the sandy sediments of the shallow areas of the Kislo-Sladkoe Lake (st. KS-6) and the lagoon on the Cape Zeleny, the TOC content decreased to  $\sim 1$ –4%. The lowest TOC content ( $\sim 0.1$  – 0.2%) was found in the sands of the Biofilters and Lobanikha bays. In general, the sediments studied were characterized by low carbonate content. The average TIC content was 2.1% (Table 1). There was a weak correlation between the distribution of TIC and TOC (r=0.36). Although maximum TIC contents were also found in deep water parts of meromictic lakes: KS-6 – 8.1%, ZC-5 – 4.0%, BK-3 – 3.8%, T-3 – 3.2%. The sediments of Lobanikha Bay contained up to 2.1% TIC. The lowest TIC content was found in the sediments of Biofilter Bay and Kislaya Bay (0.1-0.3%).

The distribution of S<sub>tot</sub> in the sediments exhibited a direct correlation with that of TOC (r=0.89). The highest S<sub>tot</sub> content (1.9%) was detected in the Bol'shie Khruslomeny Lake (Fig. 2). For all anaerobic sites (T-2, T-3, BX-3, KS-6, ZC-5) the sulpfur content exceeded 1%, except for St. BL-4 in Lobanikha Bay (0.4% S<sub>tot</sub>). In the sandy sediments of the sea bays (Sts. BB, KB, BL-1, BL-2), and the lagoon on Cape Zeleny (Sts. ZC-1 and ZC-2), the sulpfur content was below the detection limit of 0.01%. In the sediments of the other stations, the content of S<sub>tot</sub> varied in the range of 0.1-0.6%.

## 3.2. Distribution of total metal contents

The distribution of the total metal content in the sediments of the examined aquatic environments has been elucidated in the prior investigation [12], and is also outlined in Table S1. Given the high degree of comparability between the total metal content and the cumulative sum of metal occurrence forms in the majority of instances (refer to Section 2.4), the distribution of the total metal content can be effectively characterized by the aggregation of metal forms displayed in Figure 3.



**Figure 3.** Distribution of seven occurrence forms of heavy metals in the lake sediments of the White Sea coast.

The total iron (Fe) content within the examined sediments exhibited variability within the range of 9.8-47.1 mg/g, with its highest values being observed in sediments of separation stage III (Sts. T-2, T-3) and the anaerobic site ZC-5. Conversely, manganese (Mn) demonstrated a maximal concentration (up to 1159  $\mu$ g/g) within sediments of separation stage I (Sts. BB, KB, BL-1). Vanadium (V) and chromium (Cr) exhibited closely similar contents across the studied sediments, ranging from 31.1-82.5  $\mu$ g/g and 35.7-98.5  $\mu$ g/g, respectively. The zenith of these metals' concentration was discerned in sediments originating from the anaerobic site BL-4 of Lobanikha Bay and Kislo-Sladkoe Lake. Augmented concentrations of cobalt (Co) (up to 14.1  $\mu$ g/g) and nickel (Ni) (up to 47.5

  $\mu g/g$ ) were noted in lake sediments within the later stages of separation, notably Kislo-Sladkoe and Trekhtsvetnoye lakes. The nadir content of these aforementioned metals was recorded within Lake Bol'shie Khruslomeny sediments (Sts. BK-2, BK-3).

Copper's (Cu) total content ranged from 2.4 µg/g in sediments of water bodies during separation stage I to 33.2 µg/g in lake sediments of separation stage III. Conversely, zinc (Zn) exhibited an escalated content (up to 113.8 µg/g) within sediments of the anaerobic site ZC-5 and Trekhtzvetnoe Lake, the latter being in the III stage of separation from the sea. In other locations, the distribution of total zinc displayed a relatively uniform pattern. The comprehensive molybdenum (Mo) content within the examined sediments exhibited variation from 0.3 to 44.2 µg/g. Notably, the acme Mo content was recognized at sites of water bodies during separation stage II from the sea (ZC-4, ZC-5, BK-3, KS-1, KS-6). Total lead (Pb) (4.6-16.9 µg/g) and cadmium (Cd) (0.05-0.62 µg/g) contents demonstrated relatively even dispersion within the studied sediments, with a few exceptions. Elevated cadmium content was prominently present in separation stage III sediments, exhibiting peaks at St. ZC-5 and KS-1. Lead exhibited augmented content in Lake Bol'shie Khruslomeny sediments. Uranium (U) showcased minimal content (0.86-1.41 µg/g) within sediments of separation stage I (excluding the anaerobic site BL-4), while maximal content was apparent in sediments from Kislo-Sladkoe Lake during separation stage II (1.57-8.66 μg/g).

# 3.3. Forms of Heavy Metal Occurrence in Sediments

In Fig. 3, the distribution of seven occurrence forms of heavy metals in the lake sediments of the White Sea coast is displayed.

Manganese has the largest proportion of the residual form F-7. The percentage of this Mn form varied from 97.9% in sediments of Stage I separated lakes, to 16.7% in sediments of Stage III separated lakes, averaging at 62.1% of the sum of forms. The se-cond most significant form of Mn was F-6 (sulphides). Contrary to the residual form, the F-6 form of Mn represented the highest percentage in sediments of Stage I separated lakes, which increased in sediments of Stage II and III to 53.1% of the total Mn (especially at anaerobic sites). The average percentage of the Mn-6 was 25.7% of the sum of forms. Among other forms of Mn, the F-3 form (oxy-hydroxides) was significant only at three sites: BK-3 (51.4%), T-2 (37.1%), and T-3 (27% of the total Mn).

Chromium like to Mn, demonstrated predominance of residual form, which exceeded 60% of the forms sum on average. The association with sulfide F-6 was the second significant form for Cr, with a proportion varied from 2% to 39.3-53% of the forms sum. The F-5 form (strongly bound to OM) also represented more than 10% of total Cr in sediments from anaerobic stations.

For metals such as V, Co, Fe, Ni, Zn and Pb, the proportion of the residual form decreased on average to about half of the total content. With the exception of Pb, association with sulphides (F-6) was also of secondary importance among the forms of these metals. Iron had the largest portion of F-6 among all studied metals: >30% of its total content on average (Fig. 3). Iron, primarily occurred in the form F-3 (oxyhydroxides) which ranged from 17.9 to 51.1% of the forms sum in sediments of anaerobic sites (ZC-5, BK-3, KS-6, T-2, T-3) . The other forms of Fe had a negligible contribution to the total content.

The form associated with sulfides (F-6) related to V, Co, Ni, and Zn was about a quarter of their total content, but the proportion of more labile forms (F-3, F-4, and F-5) was elevated for these metals. At the anaerobic station in the lagoon on Cape Zeleny (ZC-5), the maximum proportion of the F-6 form for V, Co, Ni, and Zn (28 to 56% of the forms sum) was recorded.

An increased fraction of F-4 (weakly bound to OM) and F-5 (strongly bound to OM) can be found in sediments of lakes at the II and III stages of separation for V and Ni. The

proportion of form F-3 increases to 39.5% and 18.1%, respectively, for V and Ni in sediments of anaerobic stations. In the distribution of Co forms, a substantial increase in the proportion of F-3, F-4, and F-5 form in the sediments of Lake Trekhtzvetnoe (III stage of separation) was observed. The F-1 and F-2 forms represented only 1-2% of the total content of these metals.

The distribution of Zn forms was significantly contributed by the F-3 form, ac-counting for 2.5 to 36.2% of the sum of forms. This form of Zn was predominantly higher in sediments of lakes with II and III stages of separation compared to water bodies of I stage of separation. Among the metals studied, Zn exhibited increased proportions of F-2 (carbonates) and F-4 (weakly bound to OM) forms. Regardless of the lake separation stage, the F-4 form for Zn is found consistently in all sites, accounting for 3.0-12.9% of the total forms. Form F-2 for Zn varied from 0.5% in sediments of water bodies of stage I of separation to 10% in lake sediments of stage III of separation. The proportion of this Zn form increases to 12.7-15.9% of the total metal content in three anaerobic sites (ZC-5, BK-3 and T-2).

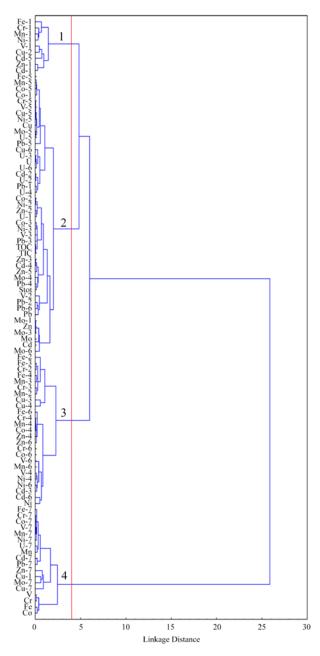
For Pb, the form associated with oxyhydroxides (F-3) was of secondary importance (on average 30% of the forms sum). Form F-3 was the predominant for Pb speciation at 8 stations, accounting for 38-70% of the total metal content. For Pb the F-1 (exchangeable form) was also distinguished, constituting 11-15% of the sum of forms at seven stations belonging to lakes of II and III stages of separation.

Regarding Cu, Mo, Cd, and U, the mobile fractions (F1 to F6) were dominant in comparison to the residual form F-7. Copper (Cu) and molybdenum (Mo) were the most labile metals, wherein the sum of mobile forms dominated, even in the sediments of lakes in I stage of separation (constituting over 75% of the sum of forms).

Copper exhibited the greatest proportion of forms bound to organic matter (F-4 and F-5) compared with other metals. The F-5 and F-4 fractions contained 43.3% and 8.8% of the total Cu on average, respectively. The content of Cu in the F-5 form increased from stage I to stage III of lake separation, reaching a maximum of 71.4% of the sum of forms in the sediments of Lake Trekhtzvetnoe. In contrast, sediments of the I stage of separation displayed accumulation of Cu in the F-4 form, with a maximum value of 21.6% of the sum of forms in Lobanikha Bay. Form F-6 played a secondary role in Cu speciation in the studied sediments. At the same time, at all sites, regardless of the stage of lake separation, form F-6 constituted a significant proportion of the total Cu content, ranging from 13.6% to 42.5% of the sum of forms. Overall,, about 80% of the total Cu content was associated with the OM-sulfide component of bottom sediments (forms F4-F6) in the lakes separating from the White Sea. An increased proportion of the ion exchangeable form F-1 was also found for Cu. but only in the lake sediments of I stage separation and some other sites with sand sediments (ZC-1, ZC-2, ZC-3, KS-3). At station BB, the main form of copper was F-1, accounting for 52.7% of total Cu.

A significant amount of Mo and U also bound to organic compounds. The F-5 form was significantly identified with Mo almost everywhere and, on average, constituted 32.1% of the total forms. At 12 out of 22 stations, the F-5 form was the dominant form for Mo. Among the studied metals, Mo was characterized by the highest proportion of the F-1 form. On average, the F-1 form comprised 28.1% of total Mo, and at seven sites, it became the predominant fraction by making up 43% of the sum of metal forms. The proportion of residual form F-7 for Mo is generally not significant (average value 8.8% of the sum of forms). Increase of F-7 form for Mo was observed only in water bodies of stage I of separation (13.7-37.6% of the sum of forms).

The correlation matrix encompassing the occurrence forms and total concentrations of V, Cr, Mn, Fe, Co, Cu, Ni, Zn, Mo, Cd, Pb, and U, along with Al, TOC, TIC, and Stot, can be found in the Supplementary Materials (Table S2). Additionally, the interrelationships among the analyzed parameters are visualized as a dendrogram generated through cluster analysis (utilizing Ward's method, 1 – Pearson's r) in Figure 4.



**Figure 4.** Clustering of Total Content and Occurrence Forms of Heavy Metals, Total Organic and Inorganic Carbon, and Sulfur in Bottom Sediments of Meromictic Lakes along the White Sea Coast. Numeric notations indicate occurrence forms of heavy metals: F-1 Exchangeable; F-2 Carbonates; F-3 Fe/Mn oxyhydroxides; F-4 Weakly bound to OM; F-5 Strongly bound to OM; F-6 Sulfides; F-7 Residual.

Cluster 1 primarily comprises metals in F-1 (ion exchangeable form), characterized by weak connections with other metal forms. Nonetheless, U and Fe in F-1 demonstrated correlations with TIC and forms F-2 and F-3. Form F-1 for Mn, Co, Mo, and Pb exhibited a

strong correlation with form F-5, while form Cu-1 – with elements in form F-7. The other metals in form F-1 correlated mainly with each other.

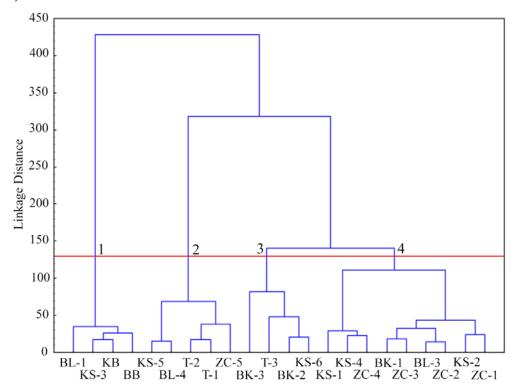
Cluster 2 encompasses two subgroups. The first subgroup includes total Cu, U, most metals in F-5 form, and various forms of U (F-2, F-3, F-4, F-6). The second subgroup comprises TOC, TIC,  $S_{tot}$ , total Zn, Mo, Cd, and Pb, most metals in F-2 form, several metals in F-3 form (V, Co, Ni, Zn, Mo, and Pb), and some other forms (F-4 for Mo, Cd, and Pb; F-6 for Mo and Pb). Generally, metals in forms F-2, F-3, F-4, F-5, and F-6 exhibit a positive correlation with each other, as well as with TOC, TIC, and  $S_{tot}$ . Furthermore, organic and inorganic carbons, along with sulfur, demonstrate a strong correlation (r > 0.75, at p < 0.01).

Cluster 3 is composed of metals in F-6 form (excluding Mo and Pb), total Ni, some metals in F-3 (Cr, Fe, Mn, Cu, and Cd), and form F-4 (V, Cr, Mn, Co, Ni, and Zn).

According to correlation analysis, a significant connection with  $S_{tot}$  is identified solely for the sulfide form F-6 for Mo and Pb. Form F-6 for Ni, Cu, and U also exhibits a weak correlation (r approximately 0.5) with  $S_{tot}$ . Conversely, all metals except Cu in F-3 (oxyhydroxides) manifest a correlation with sulfur. For F-3 of Fe, Co, Zn, Mo, and Pb, this bond is particularly robust (r > 0.7, at p < 0.01). The correlation between form F-6 for Fe and other metals is established for most elements except Cu, Mo, Pb, and U. Unlike sulfur, TOC displays a strong correlation with the organic-bound form of metal (F-4 and F-5). In the case of form F-5, the correlation coefficients between V, Cr, Mn, Fe, Co, Ni, Cu, Zn, Mo, and U, on one side, and TOC, on the other, range from 0.7 to 0.9. Cadmium and Pb correlate with TOC via the weakly bound to OM form F-4. Among all the metals studied, only U in the form of carbonates (F-2) exhibits a noteworthy relationship with TIC (r = 0.54, at p < 0.01).

Cluster 4 consists of the residual F-7 of heavy metals and the total content of Al, V, Cr, Fe, Mn, and Co. Metals in form F-7 demonstrate a positive pairwise correlation among each other, whereas their connection with mobile forms is either absent or negatively related.

The examined sites were further grouped using cluster analysis (Ward's method, Euclidean distance) based on metal speciation distribution features in sediments (Figure 5).



**Figure 5.** Clustering of Sites Based on Total Content and Occurrence Forms of Heavy Metals in Sediments of Meromictic Lakes along the White Sea Coast.

Four clusters have been identified, grouping sites based on their degree of isolation from the sea. Cluster 1 includes sites from sea bays: Kislaya (st. KB), Biofilters (st. BB), and Lobanikha (st. BL-1). Furthermore, this cluster encompasses st. KS-3 from the aerated part of Kislo-Sladkoe Lake with fine sand sediments. Clusters 2 and 3 comprise anaerobic sites from meromictic lakes Tritsvetnoye (sts. T-2, T-3), Bol'shie Khruslomeny (st. BK-3), Kislo-Sladkoye (KS-6), the lagoon on Cape Zeleny (st. ZC-5), and Bay Lobanikha (st. BL-4). This cluster also includes several sites from the oxygenated areas of the studied lakes (sts. T-1, KS-5, BK-2) with pelitic reduced sediments (Eh < -100 mV). Simultaneously, Cluster 3 encompasses sites BK-2, BK-3, KS-6, and T-3, characterized by the highest content of organic carbon and sulfur (TOC > 10%;  $S_{tot}$  > 1.2%). Cluster 4 combines shallow areas of lakes with aerated water conditions and a higher proportion of silt-sandy grain-size fraction in sediments.

Subsequently, differences between the selected clusters were determined using nonparametric Kruskal-Wallis ANOVA test. For this analysis, three sediment groups were considered: (A) oxic sediments of sea bays' stations (Cluster 1), (B) sediments of shallow stations in meromictic reservoirs (Cluster 4), and (C) sediments of deep-water stations in anaerobic areas of meromictic reservoirs (combined Clusters 2 and 3) (Table 3).

**Table 3** Median values for ocurrence forms and total contents of heavy Metals (Al, Fe – mg/g, others –  $\mu g/g$ ), TOC (%), and  $S_{tot}$  (%) in three Groups of sites (Group A: sites in open sea bays; Group B: shallow sites with oxic sediments of meromictic lakes; Group C: anoxic sites of meromictic lakes), as well as results of Kruskal-Wallis ANOVA Test assessing differences in element contents among these three groups. Elements marked in red indicate significantly different values among all three Groups; underlined values Indicate no significant differences between Groups; bold font indicates no significance among all three groups; "n" refers to the number of analyzed sites. For Co-1, Mo-6, Pb-2, and U-3, Groups 1 and 3 display significant differences (marked in red), while differences between Groups 1 and 2, and between Groups 2 and 3, are not significant (underlined).

	Group 1	Group 2	Group 3		
Element	n= 4	n= 9	n= 9	Н	p-value
Fe-1	0.001	0.003	0.003	6.14	0.046
		· · · · · · · · · · · · · · · · · · ·	<del></del>		
Fe-2	0.037	0.016	0.035	2.53	0.283
Fe-3	0.31	0.86	3.72	12.55	0.002
Fe-4	0.48	0.83	1.71	11.41	0.003
Fe-5	0.035	0.313	0.620	13.61	0.001
Fe-6	2.0	<u>7.4</u>	<u>10.2</u>	9.87	0.007
Fe-7	19.1	<u>10.5</u>	<u>4.4</u>	11.83	0.003
Cr-1	0.038	0.051	0.047	1.15	0.563
Cr-2	0.10	0.19	<u>0.24</u>	9.64	0.008
Cr-3	0	1.12	2.79	12.56	0.002
Cr-4	0.68	<u>1.88</u>	3.13	9.48	0.009
Cr-5	0.12	2.87	6.63	14.29	0.001
Cr-6	5.0	<u>13.1</u>	<u>22.8</u>	11.20	0.004
Cr-7	83.9	55.7	22.1	14.62	0.001
Mn-1	0.16	0.40	0.70	10.22	0.006
Mn-2	0.25	0.83	2.30	14.06	0.001
Mn-3	<u>3.5</u>	<u>5.8</u>	14.3	8.47	0.015

Mn-4	8.4	<u>13.0</u>	<u>19.9</u>	6.17	0.046
Mn-5	0.33	1.11	3.80	12.65	0.002
Mn-6	24	<u>83</u>	<u>140</u>	10.58	0.005
Mn-7	772	278	80	16.41	0.000
Co-1	<u>0.013</u>	0.021	0.059	6.64	0.036
Co-2	0.027	0.037	0.106	8.36	0.015
Co-3	0.11	0.24	0.70	12.72	0.002
Co-4	0.21	0.56	0.82	10.81	0.005
Co-5	0.05	0.46	0.75	10.24	0.006
Co-6	1.0	<u>2.2</u>	<u>3.9</u>	11.01	0.004
Co-7	8.7	6.3	2.0	14.96	0.001
V-1	0.15	0.34	0.43	3.20	0.202
V-2	0.26	0.66	0.64	7.15	0.028
V-3	0.52	2.54	7.47	14.96	0.001
V-4	1.0	4.0	8.3	12.96	0.002
V-5	0.2	2.9	5.3	13.67	0.001
V-6	5.0	<u>11.6</u>	<u>17.7</u>	7.72	0.021
V-7	57.1	32.8	15.9	14.29	0.001
Zn-1	0.46	0.99	0.43	2.12	0.347
Zn-2	0.37	1.32	5.20	13.94	0.001
Zn-3	1.6	5.0	17.6	15.79	0.000
Zn-4	1.69	3.15	4.12	9.51	0.009
Zn-5	0.13	<u>1.01</u>	4.22	11.39	0.003
Zn-6	5.7	6.8	18.7	4.42	0.110
Zn-7	23.2	20.2	17.0	3.04	0.218
Ni-1	0.09	0.18	0.12	4.62	0.100
Ni-2	0.15	0.30	0.67	8.88	0.012
Ni-3	0.36	1.90	3.64	13.38	0.001
Ni-4	0.64	2.07	3.52	10.83	0.005
Ni-5	0.16	3.32	5.24	12.01	0.003
Ni-6	2.6	7.8	14.2	13.98	0.001
Ni-7	24.6	15.2	7.4	13.62	0.001
Cu-1	2.8	1.3	0.6	3.27	0.195
Cu-2	0.013	0.135	0.067	6.19	0.045
Cu-3	0.143	0.012	0.088	0.43	0.809
Cu-4	0.58	<u>1.53</u>	<u>1.72</u>	7.43	0.024
Cu-5	0.5	9.5	17.8	12.06	0.002
Cu-6	1.8	4.2	6.5	11.54	0.003
Cu-7	1.30	0.39	0.38	5.37	0.068
Mo-1	0.08	<u>0.70</u>	3.65	11.60	0.003
Mo-3	<u>0.06</u>	<u>0.50</u>	3.19	11.49	0.003
Mo-4	<u>0.05</u>	<u>0.02</u>	0.28	11.73	0.003

Mo-5 0.13 1.67 3	3.45	9.08	0.011
			0.011
			0.023
			0.367
			0.005
			0.003
			0.003
<del></del>			0.003
			0.932
			0.007
<del></del>			0.030
			0.030
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			0.000
			0.013
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			0.005
		5.33	0.001
Stot 0.01 0.31 1	1.11 1	2.23	0.002
Al 68.0 <u>45.5</u> 3	3 <u>1.5</u> 2	7.69	0.021
V 63.4 52.1 5	<b>54.0</b> 1	1.48	0.476
Cr 91.7 69.4 6	66.8	4.61	0.100
Mn 517 <u>275</u>	<u>248</u>	7.15	0.028
Fe 23.7 18.2 2	24.3	5.70	0.058
Co 10.6 8.7 1	11.0	1.74	0.419
Ni <u>31.6</u> <u>32.5</u>	38.9	5.75	0.034
Cu 5.2 16.0 2	27.9 1	5.50	0.000
Zn 106 80	95 1	2.36	0.002
Mo 0.6 1.7 1	11.5 1	2.36	0.002
Cd <u>0.2</u> <u>0.2</u>	0.4 1	0.29	0.006
Pb 7.9 9.1 1	10.3	5.39	0.068
U <u>1.3</u> <u>1.9</u>	4.8	9.96	0.007

There were no differences in the content of Cr, V, Zn, Cu, Ni, Cd in form F-1, as well as the form F-7 for Cu, Zn, Mo, and some other forms including F-2 for Fe, F-6 for Zn, F-3 for Cu, F-5 for Cd between the selected groups of water bodies. Notably, the absence of

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differences in the total content between sea bays (group A) and different parts of meromictic water bodies (groups B and C) is only typical for V, Cr, Fe, Co, and Pb.

On the contrary, significant differences were observed in the distribution of TOC,  $S_{tot}$ , total contents of Cu, Mo, as well as most metals in F-5 (V, Fe, Cr, Mn, Co, Ni, Cu) and F-3 (V, Fe, Co, Ni, Zn, Cd, and Pb) among all three groups of water bodies studied. An increase in the content of these compounds was observed in the following order: anaerobic part of meromictic lakes (Group C) > aerobic areas of meromictic lakes (Group B) > sea bays (Group A).

Also, some metals (V, Cr, Mn, Co, and Ni) showed significant differences between the three groups of lakes in terms ofform F-7 f. However, unlike mobile forms, sediments of Group A (sea bays) were reliably enriched in form F-7 compared to various parts of meromictic lakes (Groups B and C). Significant differences between the three groups of water bodies were also found for some other forms of metals (F-1 for Pb, F-2 for Mn and Zn, F-4 for V and FeF-6 for Ni, Cu, and Pb), although without regularity. For some metals in the form F-4 and F-6 (V, Cr, Fe, Mn, Co, Ni, Cu, U) the following pattern was observed. There were no differences between the aerated and anaerobic areas of meromictic lakes, but significant differences were observed in relation to the sediments of sea bays.

#### 4. Discussion

In order to evaluate the processes of metal deposition and their transformations under environmental conditions, it is essential to ascertain the geochemical forms in which metals coexist within bottom sediments [7, 41-46]. The catchment areas of the investigated lakes are characterized by the low productivity of subarctic terrestrial ecosystems and extensive, organically impoverished acidic stony soils [21]. Despite these characteristics, meromictic lakes isolated from the White Sea exhibit contrasting features from other subarctic ecosystems, as they display an elevated accumulation of organic matter. Within the open regions of the White Sea, which experience relatively low biological productivity, the Total Organic Carbon (TOC) content within sediments seldom exceeds 1.5%. This limitation arises from the degradation and alteration of organic matter within both the sinking particles and the sediment matrix under aerobic conditions [39]. Even in the more productive Barents Sea, situated to the north of the White Sea, the TOC content does not surpass 2.6% [45, 46]. Meromictic water bodies, secluded from marine influence, generally exhibit an augmented supply of terrigenous organic matter through freshwater runoff. This influx, coupled with autochthonous organic matter, is deposited within the anaerobic zone, bypassing complete degradation. Furthermore, heightened productivity occurs within the chemocline zone of these lakes, driven by bacterial contributions [22]. Consequently, the TOC content in the anaerobic segments of the examined water bodies reaches up to 23%. Additionally, sediment samples from meromictic lakes demonstrate a pronounced increase in sulfur content (from <0.05% to 1.07%) in comparison to sediments from the open White Sea areas (average Stot of 0.366%) [40]. The manifestation of euxinic conditions within the studied sediments is substantiated by [47], who reveal that pyrite sulfur constitutes a significant portion of the reduced sulfur forms within Lake Trekhtzvetnoe sediment cores. The concentration of pyrite sulfur varies from approximately 10% in the 0-5 cm layer to 60-80% in the deeper layers of the core. The overall pyrite sulfur contents in the sediments of this lake range from 0.045% to 1.165% [47]. The low TIC content in sediments of meromictic lakes of the White Sea coast corresponds to the low carbonate content of the Arctic and Subarctic marine basins [48].

It is natural to hypothesize that organic matter and sulfide formation play pivotal roles in influencing the behavior of metals within meromictic lake sediments. However, each of the examined metals exhibits distinctive distribution characteristics within these sediments. Based on the established metal specifications, specific relationships between different metal forms and their total content have been identified. These relationships

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enable the determination of primary processes contributing to metal deposition (refer to Table 4).

**Table 4**. Total contribution of major forms to metal deposition in sediments of meromictic lakes separating from the White Sea (based on sequential chemical extraction data).

Metal	Principal form
V	F-7 > F-6 > F-5 = F-4 = F-3
Cr	F-7 > F-6 > F-5
Fe	F-7 > F-6 > F-3
Mn	F-7 > F-6 > F-3
Co	F-7 > F-6 > F-5 = F-4 = F-3
Ni	F-7 = F-6 > F-5 = F-4 = F-3
Cu	F-5 > F-6 > F-4 = F-1 > F-7
Zn	F-7 > F-6 > F-3 > F-4 > F-2
Mo	F-5 > F-1 > F-3 > F-7
Cd	F-7 = F-3 > F-2 > F-1
Pb	F-7 = F-3 > F-1
U	F-5 > F-7 = F-2 > F-6 > F-3 > F-4 > F-1

The significant contribution to the accumulation of most studied metals, excluding Cu and Mo, arises from the residual form F-7, which is represented by the mineral matrix of the sediment. The form F-7 is particularly influential in the variability of V, Cr, Mn, Fe, and Co within the sediments of meromictic lakes along the White Sea coast. This correlation was substantiated through cluster analysis, indicating a connection between the residual form F-7 and total metal content, as well as with Altot (cluster 4). Notably, Mn and Cr emerge as prominent indicators of lithogenic material within the lakes, being predominant in the residual form of F-7. In regions with an arctic oxygenated environment such as the White, Barents, and Kara Seas, the proportion of the lithogenic form of Cr can reach up to 90% of its total content in sediments [41–44]. Under anoxic conditions, Cr (IV) oxyanions are reduced to Cr (III), which can readily form complexes with humic or fulvic acids or adsorb to Fe and Mn oxyhydroxides [49, 50]. It is believed that Cr (III) remains unreactive towards sulfides and is not incorporated into pyrite [10]. Our results suggest that organic matter (OM) has a limited role in Cr deposition in the studied sediments (the F-5 form accounts for up to 16% of the sum of forms at BK-2 and BK-3 stations with the highest TOC content). Nonetheless, on average, about a quarter of Cr is present in the F-6 (sulfides) form, with this percentage increasing to 30% in sediments from anaerobic sites. This hints that in euxinic environments, the significant organic matter and sulfide presence influence even lithophile metals like Cr, where the residual form averages about 65% of the forms sum. This assertion finds support in the following context.

Manganese's behavior is intricately tied to the redox potential of the environment [51-53]. Even amid terrigenous sedimentation in Arctic seas, Mn demonstrates considerable geochemical mobility within oxygen-rich conditions, precipitating into amorphous oxy-hydroxides solids [41–44, 52, 53]. For instance, in the well-aerated central deep-water region of the White Sea, elevated Mn content (up to 50 mg/g) accumulates, with more than 90% in the form of oxyhydroxides [41, 54]. Upon decreasing oxygen levels, Mn (III, IV) oxyhydroxides are swiftly reduced below the redox boundary, releasing dissolved Mn (II) that diffuses cyclically within this layer. This diffusion is due to its limited interaction with organic matter or sulfides [49, 50]. Manganese (II) can precipitate with carbonates [55, 56]. While the proportion of the Mn form F-2 (carbonates) in the meromictic lake sediments of the White Sea remains relatively small (averaging about 1%

of the sum of forms), it increases to 6% in sediments from Trekhtzvetnoe Lake, which has a high hydrogen sulfide content [26]. Additionally, Mn can partially adsorb onto Fe-sulfide phases and become incorporated into pyrite [10]. This corresponds to the detection of about 25% of Mn in the sulfide form F-6 in the sediments of meromictic lakes along the White Sea coast. In general, under euxinic conditions, Mn demonstrates a more lithophilic behavior during deposition in bottom sediments. Similar examples occur where Mn in marine sediments mainly exists in the lithogenic form. Coastal sediments of Antarctica's Ross Sea, for instance, record over 80% of total Mn in the residual form [57].

Despite the development of euxinic environments, the presence of the F-6 form (sulfides) only exerts secondary influence over the behavior of metals such as V, Cr, Fe, Mn, Co, Ni, Cu, and Zn in the examined lake sediments. Conversely, the impacts of the F-6 form on the precipitation of Mo, Cd, Pb, and, to some extent, U in the sediments are minimal. In contrast, the F-6 fraction plays a more prominent role for Fe, averaging 31.5% of the forms sum and increasing to 54% in the anaerobic sediments of the III stage of separation (Trekhtzvetnoe Lake). The presence of sulfide phases (authigenic pyrite and hydrotroillite) was detected in the reduced sediments of the meromictic lake Trekhtzvetnoe, formed through the interaction of Fe oxyhydroxides with hydrogen sulfide resulting from environmental changes [47]. The White Sea catchment area receives a substantial load of colloidal Fe and organic particles through rivers draining acidic podzolic and peaty soils [58]. Within the chemocline zone, iron coagulates with organic compounds, precipitating and depositing onto bottom sediments [59]. Additionally, Fe oxyhydroxides form at redox boundaries, where dissolved Fe(II) from the anoxic zone interacts with the oxygen-enriched upper water column [60]. Consequently, the surface sediment layer of Trekhtzvetnoe Lake is dominated by the oxidized form of Fe(III) (comprising 75% of the reactive Fe forms) [47]. Down the sediment core, this form of Fe diminishes to 8.4% of the sum of reactive Fe forms, with a notable increase in pyrite Fe. This corresponds to our findings of a high proportion of the F-3 form (ranging from 12.4% to 51.1% of the forms sum) for Fe in anaerobic sediment sites of the studied meromictic lakes. This suggests the coexistence of weakly soluble oxy-hydroxides Fe and H<sub>2</sub>S during the early stages of diagenesis.

The influence of the F-3 form on Mn deposition in the examined sediments is less pronounced than that of Fe. This form of Mn is observed solely at three anaerobic sites (T-2, T-3, and BK-3). The slower reduction kinetics of Fe oxyhydroxides compared to Mn might explain the persistence of oxidized Fe (III) even in the presence of sulfides [54, 61, 62]. This could also elucidate the increased content of certain metals, especially Cd and Pb, in the F-3 form (oxyhydroxides) in the anoxic sediments under study.

A notable pattern emerged in the correlation between the speciation of different metals and sulfur. Within the sulfide fraction F-6 of metals, only Pb and Mo exhibited a significant relationship with  $S_{tot}$  (r = 0.71 and 0.56, respectively, at p<0.01), whereas Cu, Ni, Cd, and U displayed weak correlations with  $S_{tot}$  (0.3 < r < 0.5). The other metals in the sulfide form F-6 (V, Mn, Fe, Cr, Co, and Zn) demonstrated no correlation with sulfur distribution (r < 0.3). An intense correlation with sulfur was observed for almost all metals in the form F-3 (oxyhydroxides). As previously described, the precipitation of Fe oxy-hydroxides and the formation of Fe sulfides (form F-6) are interconnected processes.

Among the total metal contents, a significant relationship with the fraction F-6 was only apparent for the total Ni content (Cluster 3), revealing the influence of sulfides on the variance in metal distribution within the examined sediments. Nevertheless, the residual F-7 of Ni predominated at the majority of sites (14 out of 22).

Our research indicated that, among the metals studied, Cu, Mo, Cd, and U exhibited the highest geochemical mobility. Copper serves as the most indicative tracer of organic matter in the sediments of meromictic lakes along the White Sea coast. The distribution of organically bound forms of Cu displayed the following traits: 5-10% of total Cu exists in the F-4 form, weakly bound to OM (acid extraction targeting fulvic acids), while a notable portion (32-65% of total Cu) exists in the F-5 form, strongly bound to OM (alkaline ex-

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traction focusing on humic acids). This observation gains support from the evidence that among organic ligands in sediments, humic acids act as the primary adsorbents for Cu [63–66].

The behavior of Mo under anoxic conditions is elucidated by the reduction of MoO42- oxyanions to MoOxS4-x2-, forming thiomolybdates that can be adsorbed onto sulfides and organic particles [66, 67]. However, it was demonstrated that Mo deposition in reduced sediments likely involves a more intricate behavioral model [68]. In addition to molybdate adsorption, it could be associated with processes like precipitation with oxyhydroxides, complexation with organic compounds, incorporation into Fe-sulfide minerals, and the creation of its own mineral associations with sulfidic S.

Within the sediments of meromictic lakes along the White Sea coast, Mo exhibits diverse forms of occurrence with significant variability across different parts of water bodies, contingent on environmental properties. Concurrently, organic matter seems to play a pivotal role in Mo deposition in these sediments. Notably, the F-5 form (strongly bound to OM), averaging 35% of the sum of forms, showed significance for Mo in a few samples (ZC-2, ZC-4, T-1, T-2, T-3). The pronounced contribution of OM to Mo variability in the studied sediments is supported by the correlation between total Mo and the F-5 form for this metal. Furthermore, adsorption processes also play a critical role in Mo binding within bottom sediments. The ion exchangeable form F-1 of Mo accounted for an average of 28.1% of its total content, predominating in 7 of 22 sediment samples. A reliable Mo-1 relationship was observed between the distribution of metals in a form strongly bound to organic matter (F-5) and oxyhydroxides (F-3), implying Mo adsorption onto the surface of oxyhydroxides. In some stations with anaerobic sediments (sts. ZC-5, T-2, T-3), a substantial amount of Mo (32-38% of the forms' sum) was detected in the F-3 form associated with oxyhydroxides. The Mo content in the sulfide fraction was minimal, averaging 6.3% of the forms' sum. Since the sulfide form F-6 of Mo exhibited a correlation with Stot, unlike the absence of a similar correlation with Fe forms, it could be inferred that Mo generates its own sulfide fraction without coprecipitation during pyrite formation.

Uranium exhibited the most diverse distribution of speciation, with significant variation across different parts of the lakes. It is the only metal among those studied to receive substantial contributions from all seven fractions. This is reflected in the close correlation between total U content and most of its forms, making it challenging to identify forms with a more significant contribution. However, total U also correlates with metals in the F-5 form (strongly bound to organic matter). This correlation is suggested by the prevalence of the F-5 form of U in 13 of the 22 stations, accounting for an average of 23% of the sum of forms. Thus, it can be assumed that U distribution in lake sediments is controlled by organic matter. In lakes of the I stage of separation, the U residual F-7 form predominates. It was also illustrated the enrichment of U in anoxic marine sediments with high organic matter content [69]. In the sediments of Canada's meromictic mine pit lakes, U predominantly associated with carbonates, Fe-Mn oxyhydroxides, and fixation in clastic minerals [70]. According to our data, U also exhibits an elevated carbonate form F-2 compared to other metals, averaging 14% of the sum of forms. This corresponds to the binding of U in carbonate minerals [71]. At certain stations (ZC-3, ZC-5, BL-3), a significant portion of U in the F-3 form of oxyhydroxides (over 25% of the sum of forms) was observed. It is known that U can be adsorbed and included in crystalline Fe oxides like hematite [72]. It is plausible that Fe oxides could be partially preserved in the reduced sediments of the studied water bodies.

As the isolation of water bodies from the sea increases, a significant increase in the content of TOC and  $S_{tot}$  in bottom sediments is shown, especially for anaerobic stations (refer to Fig. 2). As to the total metal content, only Cu and Mo showed significant growth in sediments within three categories of lakes: sea bays < aerobic part of meromictic lakes < anaerobic part of meromictic lakes. As a rule, most mobile forms showed a significant growth the Trekhtzvetnoe Lake (III stage of separation). This is expressed in forms F-3

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816 817 (oxyhydroxides), F-5 (strong bond with OM), and F-6 (sulfides). The residual F-7, on the contrary, acts as an indicator of the first stage of separation of lakes from the sea, since the maximum content of many metals (V, Cr, Mn, Co and Ni) was significantly higher in the sediments of scoop-like sea bays (Table 3). Although a general trend towards an increase in total content of most metals (except Mn) in the sediments of anaerobic areas of lakes at separation stages II and III.

### 5. Conclusions

A comparison of the heavy metal speciation in the sediments of meromictic lakes with different stage of isolation from the White Sea let to the following conclusions 1. Progress of isolation leads to auxinic conditions and a significant increase in organic carbon and sulfur contents in sediments

- 2. The residual form F-7, represented by the mineral matrix of the sediment, is the main contributor to the deposition of most of the metals studied, with the exception of Cu and Mo. The largest proportion of F-7 was detected for Mn and Cr (about 65% of the forms sum for each, on average). The strong relationship between F-7 and the total content of Mn and Cr lets to consider these metals as the most relevant tracers for the lithogenic source in sediments of the studied lakes. The variability of total contents of V, Fe, Co, and Zn is also influenced by F-7, although the proportion of their mobile forms is higher compared to Cr and Mn.
- 3. Despite anoxic conditions in the sediments (Eh<100 mV), the form F-6 (sulfides) was not predominant for any of the metals studied, although it had a noticeable share in the total content of V, Cr, Fe, Mn, Co, Ni, Cu, Zn, and U. Cadmium and Pb were mainly associated with the Fe and Mn oxyhydroxides, from which the more stable Fe oxides are assumed to be present in the reduced sediments.
- 4. Organic matter provides the main contribution in the Cu, Mo, and U distribution in sediments of meromictic lakes. A strong relationship was found between the Cu-5 (strongly bound to OM) and its total content. This corresponded to a predominance of the organic fraction for Cu forms (Cu-4 and Cu-5), on average more than 50% of the sum of forms with a maximum value of 76.5%. This might suggest that Cu is a more reliable tracer of biogenic processes in the sediments of meromictic lakes than other metals.
- 5. Along with it, in the case of Mo the ion exchangeable processes (Mo-1) and association with Fe and Mn oxyhydroxides (Mo-3), contribute noticeably to the Mo increased total content. All seven forms showed varying contributions to U deposition in bottom sediment. Among them, in addition to organic matter, the residual U-7, carbonates U-2, and sulphides F-6 are prominent.
- 7. A significant difference between water bodies with different stage of isolation from the White Sea was confirmed primarily by metal forms associated with oxyhy-droxides (F-3) and strongly bound to organic matter (F-5). These were reflected in the enrichment in the total content of Cu, Mo, Cd, and U of sediments in anoxic areas of meromictic water bodies, identified in our previous study [12]. Form F-6 metals (sulphides) are rather evenly distributed in the sediments of the investigated lakes. However, in the sediments of Lake Trekhtzvetnoe (III stage of isolation) a sharp increase of F-6 was found. Conversely, the content of metals in the residual F-7 tends to be significantly higher in the sediments of water bodies in I stage of separation.

Due to the established diversity of heavy metal occurrence forms and evidenced significance of some of them in the bottom sediments of meromictic water bodies, it is possible to use them as tracers of environmental change.

Supplementary Materials: The following supporting information can be downloaded at: www.mdpi.com/xxx/s1, Table S1: Row data with metals content in forms (F1-7; Fe - mg/g, ohter µg/g), their sum, total content (T), percentage of forms (%), and recovery between sum of forms and total content. Table S2. The correlation matrix (p < 0.99) for the total content and forms of metals, TOC, TIC, and  $S_{tot}$  in the bottom sediments from the meromictic lakes separated from the White  $S_{ea}$ 

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